

ALCOHOL AND THE TEENAGE BRAIN

A child's brain



continues developing
until they are into their
EARLY 20's



ALCOHOL IS A DRUG

that can disrupt
a young person's

BRAIN
DEVELOPMENT



FRONTAL LOBES
speech, emotions,
reasoning
(including inhibition of
impulsive behaviours)

**PRE-FRONTAL
CORTEX**
rational thinking,
memory, personality,
behaviour



HIPPOCAMPUS
learning and
memory

TEMPORAL LOBE
interpretation of
sounds and spoken
language

CEREBELLUM
movement and
balance

Areas that continue development through adolescence



FRONTAL LOBE:

speech, emotions, reasoning



HIPPOCAMPUS:

learning and memory



11-13
YEARS



SO...



Check out our resources:
www.lifeeducation.org.au/reading



Arrange a visit to your school:
www.lifeeducation.org.au/book-our-program

LIFE EDUCATION SUGGESTS
As alcohol consumption can
have negative effects on brain
development, the longer a
young person delays the use of
alcohol the more chance the
brain has to finish its development.



www.lifeeducation.org.au

